



UNIT 5 | SESSION 1

## GOD PROVIDED MANNA

EXODUS 16-17

**CHRIST CONNECTION:** Jesus gives people life forever.

**KEY PASSAGE PHRASE:** Let's worship God. Psalm 95:6

### BABIES GOSPEL GEMS

- Moses led God's people to the wilderness.
- The people were hungry and thirsty.
- God gave them food and water.

### BIBLE STORY FOR TODDLERS:

Moses led God's people to the wilderness. The people did not have food to eat, and they complained. Moses did not have food, but God gave them food. God sent them meat to eat for dinner. In the morning, fine flakes of bread were on the ground. The people called the bread manna. God's people moved to a place that had no water. The people complained. Moses did not have water. God told Moses to hit a rock, and water came out. God gave His people food and water.



## BABIES ACTIVITIES

### LEARNING Activities

Engage babies in the following activities during the session. In each activity, provide handheld Bibles for the babies. Open a Bible to Exodus 16. Show the Bible story picture as you say the gospel gems in a soothing voice. Read the key passage phrase card. Pray for the babies.

#### 1 SING A HYMN

Sing to the tune of “If You’re Happy and You Know It”:

“If you’re happy and you know it, worship God. (repeat)

If you’re happy and you know it, then your praise will surely show it.

If you’re happy and you know it, worship God.”

**SAY** “ Moses led God’s people to the wilderness. The people were hungry and thirsty. God gave them food and water. We can be happy and praise God because He gives us what we need. ”

#### 2 PLAY FOOD

Provide toy food for the babies to play with and hold. Model pretend eating for the babies. Pass the play food back and forth with the babies. Clean and disinfect any toy food a child puts in her mouth before another child plays with it.

**SAY** “ God’s people were hungry and thirsty. God gave them food called manna and water. ”

#### 3 BREAD BAGS



Tear apart bread into small pieces, and place into a ziplock bag. Allow babies to hold, squeeze, and shake the bag.

**SAY** “ God provided bread-like flakes called manna. The people were hungry and thirsty. God gave them food and water. ”

Check diapers, serve bottles if needed, and release babies to parents according to your church’s security guidelines. Give parents today’s big picture card. Repeat the Christ connection, gospel gems, and Bible-learning activities for babies who stay a second hour.



## TODDLER ACTIVITIES

### LEARNING Activities

Engage toddlers in the following activities. In each activity, show the Bible story picture as you review the Bible story. Provide small Bibles for toddlers to handle.

#### 1 CIRCLE TIME

Open your Bible to Exodus 16. Show the Bible story picture as you tell the provided toddlers' Bible story. Read the key passage phrase card and guide toddlers to say it. Pray for the toddlers.

#### 2 PAINT IN A BAG

Print Jesus gives people life forever on a piece of construction paper. Place construction paper and a few dabs of blue paint inside a ziplock bag. Seal and secure the opening with duct tape. Consider double-bagging to prevent leaks. Allow toddlers to pat the zipped bag. Remove paper and allow time to dry.

**SAY** “ When Moses led God’s people in the wilderness, they had no water. So, God gave them food and water. Jesus gives people life forever. ”

#### 3 PLAY MUSICAL INSTRUMENTS

Provide various musical instruments or objects that make noise. Use an electronic device to play music or sing songs while toddlers play along. Walk around the room while toddlers play their instruments.

**SAY** “ Our key passage phrase says ‘Let’s worship God.’ We can worship God by singing about His goodness. God is so good. When God’s people were hungry, God gave them food and water. ”

#### 4 PICK UP THE MANNA

Form two groups. Direct one group to toss cotton balls in the air and the other to pick up the cotton balls (manna) and place them in a bag or bucket. Ensure each toddler has a turn. Tell the Bible story.

**SAY** “ In our story, we learned how God provided manna. These cotton balls are like the bread God provided for His people. God sent the people bread from heaven. ”

#### 5 TYPES OF BREAD



Bring different types of bread for toddlers to look at, hold, smell, and taste. Be sure to include a flaky wafer or cracker. Review the Bible story.

**SAY** “ God gave His people food and water. He provided bread from heaven. The people called the bread manna. ”

# GOD PROVIDED MANNA

## EXODUS 16–17

**CHRIST CONNECTION:** Jesus gives people life forever.

**KEY PASSAGE PHRASE:** Let's worship God. Psalm 95:6

### 1 TRANSITION ACTIVITY: WALK IN THE WILDERNESS

Instruct toddlers to follow behind the teacher. Allow the leader to decide how to walk (slow, fast, hopping, crawling, and so forth). Remind the toddlers to follow the way the leader walks. Ensure each toddler has a turn leading. Review the Bible story.

**SAY** “ Each of you led our class through the room just like Moses led God’s people through the wilderness. God’s people didn’t have to walk like Moses, but they did have to follow and obey. ”

### 2 SING TO A FAMILIAR TUNE

Sing to the tune of “God is So Good.”

“God provides for me.

God provides for me.

God provides for me.

Because He loves me.”

### 3 HAVE A SNACK



Provide crackers or bread and water for the toddlers. Allow toddlers to sit on the floor or at the table. Pass out the snack and water. Thank God for the snack.

**SAY** “ God gave His people food and water. The people were hungry and thirsty. God provided this food and water for you today just like He provided for His people in the wilderness. ”

### 4 WATER PLAY

Provide a water table and/or various containers with water. Provide cups and spoons for toddlers to use while they play with the water. Keep towels nearby for easy cleanup.

**SAY** “ When God’s people went to a place that had no water, God gave water and food. God told Moses to hit a rock, and water came out. ”

Check diapers, serve a snack if needed, and release toddlers to parents according to your church’s security procedures. Give parents today’s big picture card to reinforce today’s Bible story, Christ connection, or gospel gems throughout the week.